



FALL 2025 PROGRAM GUIDE



2620 N. Mannheim Rd.
Franklin Park, IL 60131

(847) 451-5144



 @LeydenTwpRec

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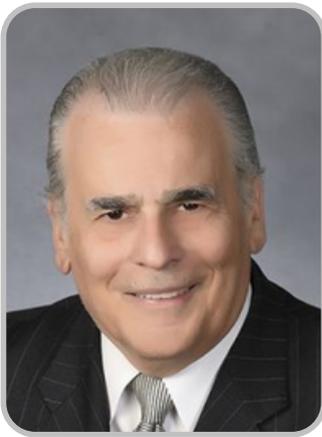
www.leydentownship.com

GENERAL INFORMATION

OUR MISSION

We are dedicated to building a stronger community through education and recreational programming. By offering numerous activities and events, it is our goal to bring our residents with different backgrounds and common interests together.

TOWNSHIP OFFICIALS



Rocco D. Biscaglio
Supervisor



Jamie Losurdo
Township Clerk



John E. "Bucky" Bjorvik
Highway Commissioner



Al J. Biancalana
Assessor



Ronald Klinger
Trustee



William Otte
Trustee



Nicholas J. Pecora
Trustee



Vincent S. Fiorito
Trustee

TOWNSHIP STAFF

James Caporusso	Township Administrator	(847) 455-5129
Denise Gutierrez	Asst. Township Administrator	(847) 455-5124
Troy Locascio	Director of Parks & Recreation	(847) 451-5145
Dylan Lowther	Assistant Director of Parks & Recreation	(847) 451-5149
Bobbie Jeske	Parks & Recreation Special Events Coordinator	(847) 451-5143

GENERAL INFORMATION

Community Center Hours

Monday – Friday	6:00am – 9:00pm
Saturday	7:00am – 5:00pm
Sunday	9:00am – 5:00pm

Things you should know:



Proof of Residency... It is impossible to always know all of our residents. Please, do not be offended if we ask for ID and proof of residency when you register. It is our goal to give our residents the best service possible.



Photo Release... When you register or attend a Leyden Township program/event, please know that you also consent to the use of any photographs in our publications, social media, slide presentations, etc. We appreciate your enjoyment of our programs and look forward to sharing your excitement and your child's happiness with others!



Misprints... We have made every effort to ensure the accuracy of the information in this brochure, but we are not responsible for printing errors or omissions. Thank you for your patience and understanding when these problems arise.



Suggestions... We are always open to new program ideas. If you have any suggestions on classes or would like to be an instructor, please give us a call at (847) 451-5144.



Volunteers... We are always looking for volunteers for our special events. If you are interested in volunteering, call us at (847) 451-5144.

REGISTRATION INFO

<p>How to register?</p> <ol style="list-style-type: none"> 1. Walk In 2. Call (847) 451-5144 3. Online registration TinyUrl.com/Leyden-Township 	<p>To register you'll need...</p> <ul style="list-style-type: none"> • Civic Rec Account • Proof of Residency • State ID or a guardian's ID • Payment for the program 	<p>Forms of Proof-of-Residency</p> <ul style="list-style-type: none"> • A valid State ID • Check with name & address of participant or guardian of participant. <p><i>If proof of residency is not available at the time of registration, participants must be prepared to pay the non-resident rate.</i></p>	<p>Residents of Leyden live in...</p> <ul style="list-style-type: none"> • Elmwood Park • Franklin Park • Unincorporated Leyden • River Grove • Schiller Park • Melrose Park* • Norridge* • Northlake* • Park Ridge* • Rosemont* <p><i>*Sections of these communities are partially outside of Leyden Township.</i></p>
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REGISTER EARLY!

Early registration helps us to better serve your recreational needs. Early registration also ensures that your program will not be canceled due to insufficient enrollment. **Enrollment decisions are made by the Department typically 1 week before a program is scheduled to begin.**

<p>CHILDREN UNDER 18</p> <p>All participants under the age of 18 must have a completed Civic Rec account from their parent or legal guardian. Because of this, a friend's parent, sibling, or non-immediate family members are not allowed to sign for minors.</p>	<p>SENIOR CITIZENS</p> <p>Leyden Township residents who are 55 years old and older are welcome to participate in certain senior programs offered by the Township at no charge.</p>	<p>RESIDENT & NON-RESIDENT FEES</p> <p>All are welcome to participate in Leyden Township activities. Persons residing within Leyden Township are, in most cases, charged a lesser resident fee. However, to ensure the success of our programs, non-residents may participate at a slightly higher non-resident fee.</p>	<p>NSF Check Policy</p> <p>There is a \$50.00 fee on all returned checks. This fee is in addition to the original amount the check was made for. This amount is required to be paid in cash before the participant is allowed to register for any other future programs.</p>
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REFUND POLICY

The general policy of Leyden Township is to issue refunds of registration fees to anyone who is unable to attend or is dissatisfied with a regularly scheduled program. The person must make a written application stating the reason why a refund is desired. Refunds will be prorated, on a per class basis and **NO refunds will be made after the second class is held**. A \$5.00 administrative charge may be assessed on all refunds. Refunds are not given on certain other programs. Some programs are subject to different refund policies, based on contractual agreements with other companies.

The refund policy for trips will be issued **ONLY** if a replacement participant can be found. Please note that most trips have a deadline for reservations. We rarely can accommodate additional reservations so you are urged to register early. A \$5.00 administrative charge may be assessed. Refunds can only be issued to the person registered for the program. Refunds in excess of \$10.00 will be issued within 45 days. Refunds of \$10.00 or less will be issued a credit towards any other Leyden Township Recreation Department program.

All Leyden Township issued memberships are non-refundable and non-transferable to a secondary person.

MEMBERSHIPS

Membership	Age	6 Months	1 Year
Boxing Pass	8+	\$90 Resident \$150 Non-Resident	\$156 Resident \$250 Non-Resident
Fitness Pass	14+	\$55 Resident \$100 Non-Resident	\$90 Resident \$175 Non-Resident
Open Gym Pass	6+	Not Available	\$25 Resident \$50 Non-Resident
Youth Day Pass Access to open gym, fitness center (ages 14+), open play volleyball, or open play basketball.	6-18	\$5 Resident / \$10 Non-Resident	
Adult Day Pass Only program specific. Rates will stay the same (open gym, volleyball and/or pickleball).	18+	\$10 Resident / \$15 Non-Resident <i>Fitness Center only</i>	
Senior Day Pass Access to open gym, fitness center, open play volleyball, and/or open play pickleball.	55+	\$5 Resident / \$10 Non-Resident	
Senior Fitness Pass	55+	\$5 Resident / \$10 Non-Resident, per month (3-month minimum)	
First Responder/Military Fitness Pass Proof of employment, enlistment or honorable discharge is required for purchase.	18+	\$5 Resident / \$10 Non-Resident, per month (3-month minimum)	
College Student Fitness Pass	18+	\$25 Resident, 3 months \$10 Resident, 1 month	\$35 Non-Resident, 3 months \$15 Non-Resident, 1 month

MEMBERSHIP PROMOTIONS



Leyden Township
Fitness

September 1 - December 31 | "Fall/Winter Strong"

Get a head start on your fall and winter fitness goals-
Purchase a 1-Year fitness membership during the months of September - December and you will receive 10% off your membership fee. Whether you're looking to build strength, boost endurance, or stay active, now is the perfect time to commit to your health. Don't wait- this limited-time offer is your first step toward a stronger, healthier you!

*Applies to new or expiring memberships. Available only during promotion period.

SPECIAL EVENTS

LEYDEN TOWNSHIP RECREATION PRESENTS

BOO FEST

OCTOBER 17, 2025

6:00PM TO 9:00PM

Westdale Park
3045 Sandra Ave
Melrose Park, IL 60164

Food Trucks
Margarita Truck
Coffee & Hot Chocolate Truck
Horse drawn Hayrides
Petting Zoo
Corn Maze
Pumpkin Patch
Bouncy House
Cotton Candy
Face Painters
Games
Prizes
Roasted Corn



FREE COMMUNITY EVENT

LEYDEN
TOWNSHIP

SPECIAL EVENTS

LEYDEN TOWNSHIP'S FREE HOLIDAY FESTIVAL

TREE LIGHTING

Friday, November 21st
6:00pm

WESTDALE PARK
3045 Sandra Ave.
Melrose Park, IL 60164

www.leydentownship.com
(847) 451-5144

SPECIAL EVENTS

Leyden Township's FREE
Holiday Luncheon

Lunch with SANTA

at Rudolph's Diner

Saturday, December 13

**First Seating
Doors Open at 11:00am**

**Second Seating
Doors Open at 2:00pm**

RSVP's are required, space is limited and you must be
Leyden Township resident .

Please call (847) 451 - 5144 to make your reservation.

Bradley A. Stephens
Community Center
2620 N. Mannheim Rd.
Franklin Park, IL 60131
www.leydentownship.com



SPECIAL EVENTS



Leyden Township's Annual

DROP & POP

*FREE Children's
New Years Eve Celebration*



**Wednesday, December 31
10:30am - 12:30pm**



**Food
Games & Prizes
Entertainment**

**Reservations are required, space is limited and you
must be a Leyden Resident. Please call
(847) 451 - 5144 to make your reservation.**

Bradley A. Stephens
Community Center
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LEYDEN
TOWNSHIP
www.leydentownship.com

YOUTH RECREATION

Art & Crafts Class (325201)

Children will have the opportunity to create their own masterpiece with our art instructor. Each class will have a different arts and crafts activity for your child to take home! Call the Community Center at (847) 451-5144 for more details.

Ages	5 - 13
Days	Mondays
Time	5:30pm - 6:30pm
Location	Community Center
Instructor	Recreation Staff
Session Fees	Free - Must register in advance (registration limit of 15 participants, residents only)
Session 1	September 8 - Popsicle Stick Art
Session 2	October 20 - Beaded Pumpkins
Session 3	November 10 - Turkey Hand Garland
Session 4	December 15 - Polaroid Picture Ornaments



Basketball Skills (325202)



Looking to improve your shooting or dribbling this fall? This program will focus on just that! Players will take part in drills of catch-and-shoot, pull-up shots, and many other shooting techniques. Players will also focus on staying low, protecting the ball, as well as stationary and on-the-move ball handling. The registration deadline is one week before each session. Call the Community Center at (847) 451-5144 for more details.

Ages	7 - 10	11-14
Days	Saturdays	
Time	10:00am - 11:30am	11:00am - 12:00pm
Location	Community Center	
Instructor	Recreation Staff	
Session Fees	\$45 Resident / \$60 Non-Resident	
Session 1	November 1 - December 27 (No class on 12/13)	

Beginner Guitar Lessons (325203)

Lessons are for 30 minutes each week. Students must register for a minimum of 4 lessons at a time. Students will learn to play notes and chords, read tablature, basic music notation, improvise, basic music theory, strumming patterns, and many more techniques. Students must bring their own guitar and notebook. For more information or to schedule lessons, call the Community Center at (847) 451-5144.

Ages	8+	
Days	Wednesdays	Saturdays
Time	6:00pm - 8:00pm	10:00am - 12:30pm
Location	Community Center	
Instructor	Julio Cuomo	
Session Fees	\$25 Resident / \$40 Non-Resident (per lesson/minimum of four lessons)	
Session	September 3 - December 27	



YOUTH RECREATION

Beginner Piano Lessons (325204)



Lessons are for 30 minutes each week. Students must register for a minimum of 4 lessons at a time. For more information or to schedule lessons, call the Community Center at (847) 451-5144.

Ages	8+
Days	Mondays, Tuesdays, Thursdays
Time	6:00pm - 8:00pm
Location	Community Center
Instructor	Kelly Tansor
Session Fees	\$25 Resident / \$40 Non-Resident (per lesson, minimum of four lessons)
Session	September 1 - December 18

Center Chefs (325205)

In this class, young chefs can express themselves creatively in the kitchen while learning the basics of cooking. Each participant can bring food home at the end of class to share with the family! Parents must disclose any allergies or food sensitivities to our instructor via email at dlowther@leydentownship.com. Call the Community Center at (847) 451-5144 for more details.

Ages	7 - 14
Days	Mondays
Time	6:15pm - 7:30pm
Location	Community Center or Westdale Park
Instructor	Recreation Staff
Session Fees	\$5 Resident / \$20 Non-Resident
Session 1	September 15 - Granola Bites
Session 2	October 20 - Hot Dog Mummies
Session 3	November 17 - Rice Krispie Turkey Legs
Session 4	December 22 - Pancake Snowmen



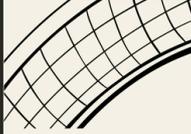
Fitness & Tumbling (325206)

Is your child rolling around, jumping, and always moving? If so, Fitness & Tumbling is the program for them! This fun and fit program allows kids to learn agility, balance, and tumbling techniques. This hour-long class covers skills such as basic balancing, stretching, conditioning, and tumbling routines. Children will get to showcase their skills at the end of each class. The registration deadline is one week before each session. Call the Community Center at (847) 451-5144 for more details.



Ages	4 - 13
Days	Tuesdays
Time	5:30pm - 6:30pm
Location	Community Center
Instructor	Coach Deanna Marie of Deanna Marie Choreography
Session Fees	\$60 Resident / \$75 Non-Resident
Session 1	September 2 - September 30
Session 2	October 14 - November 11
Session 3	November 25 - December 30

YOUTH RECREATION



LEYDEN LEAGUES



These cooperative recreational leagues are between the Schiller Park Recreation Department, Park District of Franklin Park, Rosemont Park District, Leyden Township Recreation Department, and Norridge Park District. Teams from each town are formed and play in weekly games at rotating locations. Teams practice once a week to learn fundamentals. Equal playing time is enforced for all players. Participants receive T-shirt uniforms. **Volunteer Coaches are needed, contact the Recreation Department at 847-451-5144 for further details.**

Registration for both leagues has started

Sport	Season	Grade
 Youth Volleyball	September - December	5 - 8
Youth Basketball	January - March	1 - 8





Friday Night Pizza & Movie (325207)

Movie night is a perfect program for kids who want to start the weekend off with some fun and friends. It's also a great way for parents to run errands or enjoy a date night together. Participants will get their fill of pizza from a community classic - **Cochiaros of Melrose Park!** Call the Community Center at (847) 451-5144 for more details.



Ages	5 - 12
Days	Fridays
Time	6:30pm - 8:00pm
Location	Community Center
Instructor	Recreation Staff
Session Fees	Free - Must register in advance (registration limit of 25 participants, residents only)
Session 1	September 19 - A Bug's Life
Session 2	October 10 - HalloweenTown
Session 3	November 14 - Cheaper By The Dozen
Session 4	December 19 - The Search for Santa Paws



YOUTH RECREATION

PeeWee Sports (325208)

Want to introduce your children to sports early? Pee-Wee Sports is exactly what you're looking for! It is a great way for your child to learn the basics of multiple sports and how to be a part of a group! Call the Community Center at (847) 451-5144 for more details.

Ages	4 - 6
Days	Wednesdays
Time	5:30pm - 6:30pm
Location	Community Center
Instructor	Recreation Staff
Session Fees	\$50 Resident / \$65 Non-Resident
Session 1	September 3 - October 1
Session 2	October 15 - November 12
Session 3	November 19 - December 17



Leyden Youth Fit (225209)

This class is geared towards starting your kids out with basic fitness fundamentals. How to properly train, workout, and take care of your body. In Leyden Youth Fit participants will gain valuable knowledge on basic fitness topics and workouts. Call the Community Center at (847) 451-5144 for more details.



Ages	7 - 11
Days	Saturdays
Time	2:30pm - 3:30pm
Location	Community Center
Instructor	Coach Gabriel
Session Fees	\$25 Resident / \$40 Non-Resident
Session 1	September 6 - October 4
Session 2	October 18 - November 15

Youth Soccer (325210)

Participants will get to learn and build soccer skills, including defensive and offensive skills they can showcase throughout the class in scrimmages with the group! Call the Community Center at (847) 451-5144 for more details.

Ages	7 - 11
Days	Tuesdays
Time	5:30pm - 6:30pm
Location	Westdale Park or Community Center (Weather Permitting)
Instructor	Recreation Staff
Session Fees	\$50 Resident / \$65 Non-Resident
Session 1	September 9 - October 7
Session 2	October 21 - November 18
Session 3	December 2 - December 30



YOUTH RECREATION

Volleyball Skills (325211)



Need a head start on your skills for the volleyball season? Look no further, as Volleyball Camp will help you get prepared for the year! Join us as we work on all in game and other skills that help improve your volleyball game! Call the Community Center at (847) 451-5144 for more details.

Grades	Grades: 5th - 8th
Days	Thursdays
Time	5:15pm - 6:45pm
Location	Community Center
Instructor	Recreation Staff
Session Fees	\$50 Resident / \$65 Non-Resident
Session 1	September 4 - October 2

Boxing and Endurance Class (325212)

Leyden and Veterans Park Boxing Team fight out of Gouin Park. This weekly class format is for beginners to professional boxers. Members have an opportunity to gain world class instruction at a world class facility. All Leyden Township and Veterans Park District residents receive in-district rates. Stop by the gym to check out the action and decide if it is for you. Call the Community Center at (847) 451-5144 for more details.

Ages	8 - 14
Days	Wednesdays
Time	5:30pm - 6:30pm
Location	Leyden & Veterans Boxing Gym
Instructor	John Nocita & Boxing Staff
Session Fees	\$35 Resident / \$50 Non-Resident
Session 1	September 3 - October 1
Session 2	October 15 - November 12
Session 3	November 19 - December 17



Youth Volleyball Open Play (325213)

Looking to play some pick-up volleyball just for fun? Join us at the Community Center on Friday nights! Whether you're brushing up on your skills or just want to enjoy the game with fellow volleyball enthusiasts, this is the perfect way to end your week. Call the Community Center at (847) 451-5144 for more details.



Ages	10 - 13
Days	Fridays
Time	5:00pm - 7:00pm
Location	Community Center
Session Fees	Free with Open Gym Pass
Session Daily Fee	\$5 Resident / \$10 Non-Resident
Session 1	September 5 - December 26

YOUTH RECREATION

K Pop Dance Class (325214)



Korean pop is a blend of several dance genres, some of which include: hip hop, jazz, pop, and electronic dance music (EDM). In this class, students will learn choreography performed as a group to current popular Korean pop songs. Please bring a water bottle and wear comfortable clothes. If there are requests for a specific K-Pop song it should be communicated to the instructor prior or during the session. All skill levels are welcome.

Ages	7 - 16
Days	Saturdays
Time	10:30am - 11:30am
Location	Community Center
Instructor	Coach Lilian Coral of Contagious Rhythm
Session Fees	\$45 Resident / \$60 Non-Resident
Session 1	September 6 - October 4
Session 2	October 18 - November 22 (No class on 11/8)
Session 3	November 29 - December 27

Self Defense (325215)

Looking to learn the basics of self defense? This class is the perfect introduction for your child to learn self discipline, self control, and how to defend themselves. This program offers kids a dynamic way to boost listening skills, hand-eye coordination, speed, agility, and balance. With a focus on memory, focus, socialization, and goal setting, children gain valuable life skills in a fun, supportive environment. Enroll today to help your child build confidence, discipline, and strong communication skills!

Ages	6 - 13
Days	Mondays
Time	5:15pm - 6:15pm
Location	Community Center
Instructors	Sifu Tim Wright
Session Fees	\$42 Resident / \$57 Non-Resident
Session 1	September 8 - October 6
Session 2	October 20 - November 17
Session 3	December 1 - December 29



Westdale Baseball & Softball

Spring 2026 registration is online at.....

www.westdalebb.com

Starting **JANUARY 1 ST**



Westdale Baseball is an independent organization and is not directly run by Leyden Township.

DAY CAMPS & TEEN RECREATION

Day Off School Camp (325301)

If your child has the day off school, then our Day Off School Camp is perfect for them. This camp is exactly what it sounds like. A one day camp for when your child has the day off. Campers will get to spend time in the gym, activity room, and out on the playground! Call the Community Center at (847) 451-5144 for more details.

Ages	5 - 14
Time	9:00am - 5:00pm
Location	Community Center
Instructors	Recreation Staff
Session Fees	\$20 Resident / \$35 Non-Resident
Session 1	Monday, October 13
Session 2	Tuesday, November 11
Session 3	Wednesday, November 26



Winter Break Camp (325302)

Come over to Leyden Township Community Center for our amazing Winter Break Camp! Campers will get to spend time making new friends, memories, and arts and crafts activities. In addition, campers will spend time in the gymnasium. Call the Community Center at (847) 451-5144 for more details.



Ages	5 - 14
Time	9:00am - 5:00pm
Location	Community Center
Instructors	Recreation Staff
Daily Fees	\$20 Resident / \$35 Non-Resident
Camp Dates	Monday, December 22nd - January 5th (No camp 12/24, 12/25, and 12/31)

Teen Volleyball Open Play (325401)

Are you looking to play some pick-up volleyball games for fun? Come Join us on Friday nights to work on your game and have a good time with other volleyball players. Call the Community Center at (847) 451-5144 for more details.



Ages	14 - 18
Days	Fridays
Time	5:00pm - 7:00pm
Location	Community Center
Session Fees	Free with Open Gym Pass
Session Daily Fees	\$5 Resident / \$10 Non-Resident
Session 1	September 5 - December 26

ADULT RECREATION

Adult Pickleball Club (325501)

Are you looking to learn the newest sport that's sweeping the nation? Grab your friends and come out to try your hand at Pickleball. You don't need to be good; just be willing to learn a new sport. If you have played tennis, you are on your way. If you haven't, no worries, you will pick up this sport with ease. Come out and see what the hype is all about. Call the Community Center at (847) 451-5144 for more details.



Ages	18+		
Days	Mondays, Wednesdays, Fridays	Mondays, Wednesdays	Sundays
Times	9:00am - 11:00am	7:00pm - 9:00pm	9:00am - 11:00am
Location	Community Center		
Instructor	Recreation Staff		
Session Fees	\$20 Resident / \$35 Non-Resident		
Session Daily Fees	\$5 Resident / \$10 Non-Resident		
Session 1	September 7 - October 5		
Session 2	October 12 - November 9		
Session 3	November 16 - December 14 (No Class on 11/28)		

Adult Volleyball Club (325502)



Join us on Thursday nights in our air-conditioned gym for a few games. Volleyball games are self-officiated. Players may either purchase a day pass or register for the entire season. Call the Community Center at (847) 451-5144 for more details.

Ages	18+
Days	Thursdays
Time	7:00pm - 9:00pm
Location	Community Center
Instructor	Recreation Staff
Session Fees	\$20 Resident / \$35 Non-Resident
Session Daily Fees	\$5 Resident / \$10 Non-Resident
Session 1	September 4 - October 2
Session 2	October 9 - November 6
Session 3	November 13 - December 18 (No Class on 11/27)

Adult Basketball Open Play (325503)

Join us on Tuesday nights in our air-conditioned gym for some games. Basketball games are self-officiated. Players may purchase a day pass or register for the open gym pass. Call the Community Center at (847) 451-5144 for more details.

Ages	18+
Days	Tuesdays
Time	7:00pm - 9:00pm
Location	Community Center
Session Fees	Free with Open Gym Pass
Session Daily Fees	\$5 Resident / \$10 Non-Resident
Session 1	September 2 - December 23



ADULT RECREATION

Zumba Toning (325504)

Use toning sticks and weights to the rhythm of the music to sculpt and tone your body. The registration deadline is one week before each session. Call the Community Center at (847) 451-5144 for more details.



Ages	18+
Days	Thursdays
Time	6:30pm – 7:30pm
Location	Community Center
Instructor	Hilda Fabiani
Session Fees	\$30 Resident / \$45 Non-Resident
Session Daily Fees	\$7 Resident / \$12 Non-Resident
Session 1	September 4 - October 2
Session 2	October 9 - November 6
Session 3	November 13 - December 18 (No Class on 11/27)

Zumba Step (325505)

Ages	18+
Days	Mondays
Times	6:45pm – 7:45pm
Location	Community Center
Instructor	Tony Jimenez
Session Fees	\$30 Resident / \$45 Non-Resident
Session Daily Fees	\$7 Resident / \$12 Non-Resident
Session 1	September 8 - October 6
Session 2	October 13 - November 10
Session 3	November 17 - December 15

A combination of toning and the strengthening power of step aerobics with the fitness training of Zumba. Zumba Step is a fun and engaging class that will get you moving! Call the Community Center at (847) 451-5144 for more details.



Zumba Gold (325506)

A modified low intensity Zumba, easy to follow choreography with a focus on balance, range of motion and coordination. This class focuses on flexibility, balance, cardiovascular and muscular condition. Call the Community Center at (847) 451-5144 for more details.



Ages	18+
Days	Fridays
Time	9:00am – 10:00am
Location	Community Center
Instructor	Hilda Fabiani
Session Fees	\$25 Resident / \$40 Non-Resident
Session Daily Fees	\$7 Resident / \$12 Non-Resident
Session 1	September 5 - October 3
Session 2	October 10 - November 7
Session 3	November 14 - December 19 (No Class on 11/28)

ADULT RECREATION

Latin Dance (325507)

We will work on bachata, salsa, merengue and cumbia fundamentals such as basics, footwork, turns, hip movements, and flexibility. Apart from fundamentals the class will also be focused on learning a Latin choreography of footwork and styling. If there are requests for songs, to work more on two specific Latin styles or to do partner-work the instructor will try to accommodate. All skill levels are welcome. Call the Community Center at (847) 451-5144 for more details.



Ages	18+
Days	Saturdays
Time	11:30 am - 12:30pm
Location	Community Center
Instructor	Coach Lilian Coral of Contagious Rhythm
Session Fees	\$35 Resident / \$50 Non-Resident
Session 1	September 6 - October 4
Session 2	October 18 - November 22 (No class on 11/8)
Session 3	November 29 - December 27

Sit & Be Fit (325508)

"Sit & Be Fit" is a fun, low-impact workout designed to keep you strong, steady, and energized. This class focuses on mindful movement, breathwork, and seated stretches to improve flexibility, strength, and relaxation—all while staying comfortably supported in a chair. Whether you're looking for a way to move with ease, enhance circulation, or simply enjoy a calming wellness practice, this class is for you. Everyone is welcome! Call the Community Center at (847) 451-5144 for more details.

Ages	18+
Days	Mondays
Time	9:00am - 10:00am
Location	Community Center
Instructor	Hilda Fabiani
Session Fees	\$25 Resident / \$40 Non-Resident
Session Daily Fees	\$7 Resident / \$12 Non-Resident
Session 1	September 8 - October 6
Session 2	October 20 - November 17
Session 3	November 24 - December 22



Hatha Yoga (325509)

This gentle 8-week Hatha yoga series invites participants to slow down, reconnect, and build a strong physical and inner foundation. Designed for both beginners and those returning to yoga, the class focuses on breath-centered movement, basic postures, and an introduction to the chakra system. Each session combines simple Hatha flows with chakra exploration to encourage deep listening and inner balance. Expect a welcoming space with mindful movement and reflection to support clarity, strength, and stillness throughout the fall. Call the Community Center at (847) 451-5144 for more details.



Ages	18+
Days	Wednesdays
Time	5:30pm - 6:30pm
Location	Community Center
Instructor	Jenny
Session Fees	\$60 Resident / \$75 Non-Resident
Session Daily Fees	\$15 Resident / \$30 Non-Resident
Session 1	September 3 - October 22
Session 2	October 29 - December 17

SENIOR RECREATION

Senior Exercise (325600)

Join us for an hour of guided and exhilarating exercise with our in-house fitness instructor, Ms. Hilda! This program meets twice a week and is FREE to seniors residing in Leyden Township. Call the Community Center at (847) 451-5144 for more details.



Ages	55+
Days	Tuesdays & Thursdays
Time	9:00am - 10:00am
Location	Community Center
Instructor	Hilda Fabiani
Session Fees	FREE to all Leyden Township seniors

Senior Tai Chi (325601)

Join us for an hour of Tai Chi. This is a low impact ancient Chinese Martial Art that combines meditation and physical exercise. It involves a series of slow, gentle, circular movements, relaxed muscles and controlled breathing while in a meditative state of mind. The goal is to balance and concentrate the body's Qi, or vital energy, which is said to have mental and physical health benefits. Tai Chi is also known as Tai Ji Quan or Tai Chi Chuan. Tai Chi is guided with our in-house fitness instructor, Mr. Wright! This program meets twice a week and is FREE to seniors residing in Leyden Township. Call the Community Center at (847) 451-5144 for more details.

Ages	55+
Days	Tuesdays & Thursdays
Time	10:00am -11:00am
Location	Community Center
Instructor	Sifu Tim Wright
Session Fees	FREE to all Leyden Township seniors



Coffee & Cards (325603)



Join us twice a week for a cup of joe or a pot of tea. We play games from Rummy to Pictionary. Call the Community Center at (847) 451- 5144 for more details.

Ages	55+
Days	Tuesdays & Thursdays
Time	11:00am - 12:00pm
Location	Community Center
Session Fees	FREE to all Leyden Township seniors

Senior Line Dancing

Join us to learn the art of line dancing with our exhilarating instructor, Benni Fernandez! This program meets twice a week and is FREE to seniors residing in Leyden Township. For more details and to R.S.V.P., contact Jamie at (847) 451-5119.

Ages	55+
Days	Wednesdays & Fridays
Time	10:00am - 1:00pm
Location	Senior Center or Westdale Park
Instructor	Benni Fernandez
Session Fees	FREE to all Leyden Township seniors



SENIOR RECREATION

Senior Knitting Club



Enjoy an afternoon of knitting or crocheting with friends at the Carl Fiorito Senior Center. This program meets every other week and is FREE to seniors residing in Leyden Township. For more details and to R.S.V.P., contact Jamie at (847) 451-5119.

Ages	55+
Days	2nd & 4th Tuesday of the month
Time	11:00am - 1:00pm
Location	Senior Center
Instructor	Ann Whelan
Session Fees	FREE to all Leyden Township seniors

Senior Movie Days

Enjoy an afternoon movie and popcorn with friends at the Carl Fiorito Senior Center. This program is FREE to seniors residing in Leyden Township. For more details and to R.S.V.P., contact Jamie at (847) 451-5119.

Ages	55+
Days	Thursdays
Time	Movies start at 12:00pm
Location	Senior Center
Session Fees	FREE to all Leyden Township seniors



Diamond Painting Club

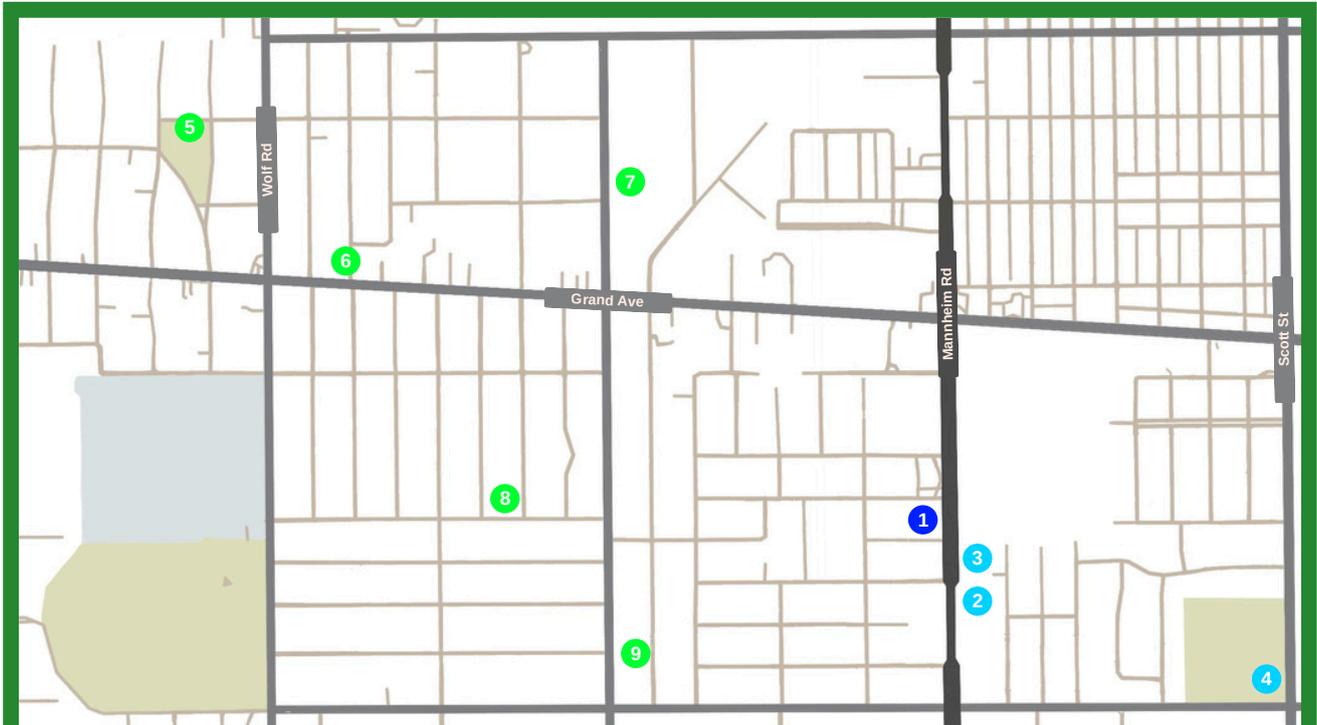


Enjoy an afternoon of diamond painting with friends at the Carl Fiorito Senior Center. This program meets every other week and is FREE to seniors residing in Leyden Township. For more details and to R.S.V.P., contact Jamie at (847) 451-5119.

Ages	55+
Days	1st & 3rd Tuesday of the month
Time	11:00am - 1:00pm
Location	Senior Center
Session Fees	FREE to all Leyden Township seniors



LEYDEN TOWNSHIP PARKS AND FACILITIES



	Outdoor Bags Set	Baseball Fields	Basketball Indoors/Outdoors	Boxing	Concessions	Fitness Center	Green Space	Pavilion	Playground	Public Works	Rental Areas	Senior Socials	Splash Pad	Township Administration	Township Assessor	Volleyball Indoors
1 Community Center 2620 N. Mannheim Rd.			X			X			X		X					X
2 Leyden Town Hall 2501 N. Mannheim Rd.										X				X	X	
3 Carl Fiorito Senior Center 2601 N. Mannheim Rd.												X				
4 Leyden-Veterans Boxing Gym 2400 Scott St.				X												
5 Westdale Park 3045 Sandra Ave.		X					X	X	X		X		X			
6 Fleck Park 2900 block of Prater Ave.							X									
7 Lee Street Park 3000 block of Lee St.							X		X							
8 Wagner Park 800 block of Joyce Ave.		X			x											
9 Landen Park 2424 Landen Ave.	X		X				X				X					

FACILITY RENTAL FEES

Location	Max Capacity	Refundable Deposit	Fees	Notes
CC Room	49	\$150	\$40/hour	
CC Gym	75	\$150	\$50/hour	No food or drink allowed
CC Room + Gym	75	\$150	\$80/hour	Must be rented simultaneously, and only 49 in the room at one time
Landen Park	49	\$150	\$40/hour	
Westdale Room	60	\$150	\$50/hour	
Westdale Pavilion	100	\$150	\$50/hour	Outdoor bathroom facilities available
Westdale Room + Pavilion	100	\$150	\$80/hour	Must be rented simultaneously, and only 60 in the room at one time

If you are interested in booking an indoor or outdoor event with us this season, you can call us at (847) 451-5144 for a complete listing of policies & procedures for facility rentals. Rentals are available for Leyden Township Residents only.





2620 N. Mannheim Rd.
Franklin Park, IL 60131

(847) 451-5144

 @LeydenTwpRec

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www.leydentownship.com



DOWNLOAD
LEYDEN 311

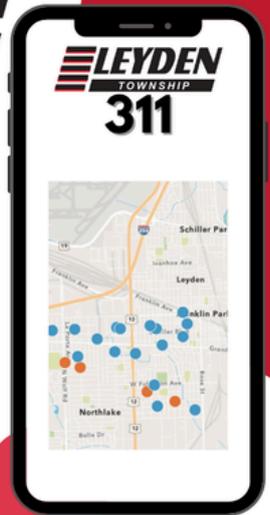
Easily report concerns and
access township services -
anytime, anywhere.



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FOR ANDROID APP



SCAN THE QR CODE
FOR APPLE APP



Visit our Website :
www.leydentownship.com

CERTIFIED PERSONAL TRAINER

OUR PROGRAM:

- Body Building
- Lifting
- Weight Loss
- Nutrition Plan

*As Low As \$49/HR



Leyden Township
Fitness

CONTACT US

Bradley A. Stephens
Community center
2620 N. Mannheim Rd.
Franklin Park, IL 60131
(847) 451-5144

